

IDENTIFYING ALLERGIC REACTIONS IN KIDS



MY TONGUE IS HOT.



MY TONGUE IS ITCHY.



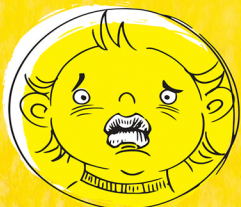
THIS FOOD IS TOO SPICY.



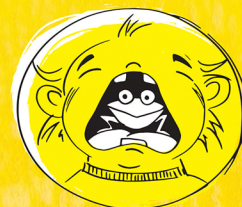
MY TONGUE FEELS FULL AND HEAVY.



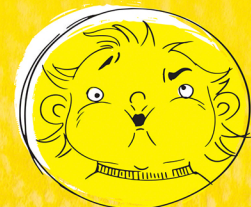
MY THROAT FEELS THICK.



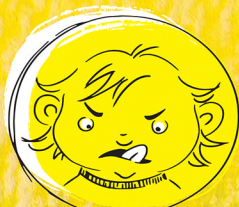
MY LIPS FEEL TIGHT.



THERE'S A FROG IN MY THROAT.



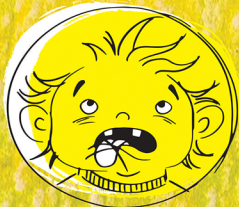
THERE'S SOMETHING STUCK IN MY THROAT.



MY MOUTH FEELS FUNNY.



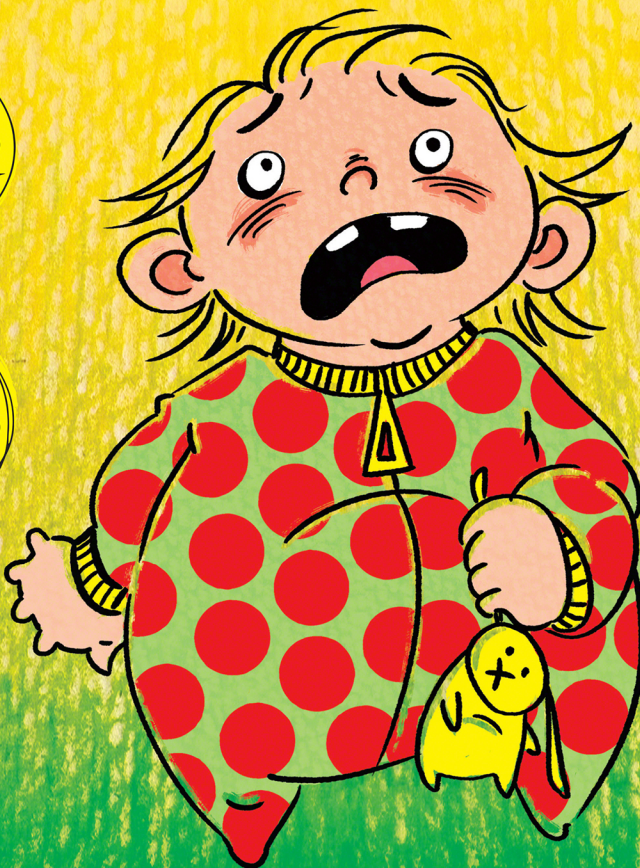
THERE ARE BUGS IN MY EARS (ITCHY EARS).



MY TONGUE FEELS LIKE
THERE IS HAIR ON IT.



THERE ARE BUMPS ON
THE BACK OF MY TONGUE.



IF YOU SUSPECT A CHILD IS HAVING AN ALLERGIC REACTION, CAREFULLY MONITOR THE PROGRESSION OF THEIR SYMPTOMS. SERIOUS ALLERGIC REACTIONS CAN QUICKLY BECOME LIFE THREATENING.

MILD SYMPTOMS: itchiness, skin redness, mild swelling, stuffy or runny nose, sneezing, watery or itchy eyes, hives
SEVERE SYMPTOMS: swelling of the mouth or tongue, difficulty swallowing or speaking, wheezing or difficulty breathing, abdominal pain, nausea or vomiting, diarrhea, dizziness, fainting.

IF THE CHILD EXPERIENCES SEVERE SYMPTOMS, CALL 911.